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HCOM-312  
2/11/19

### Life Shouldn't Suck

After thinking about Dr. Lauren Speeth's quote "Life shouldn't suck if doesn't have to", and I was able to think about personal examples that relate to this quote. Also, this quote helps me realize many things that I had thought of before reading information about this quote.

This quote tells me that it is up to us to decide that our lives suck simply because of something bad that occurred to us and affected us negatively. Everyone goes through difficult changes or obstacles throughout our lives, but it's up to us to determine our future in order to have a happy life. We must be stronger than the magnitude of the obstacle that affected us and continue with our lives.

In many parts of the world, there are people who are actually living in terrible conditions yet they don't complain about their lives. I often watch the news and hear the stories about families who live in extreme poverty, but they remain happy together as a family. Also, I hear stories about children or adults with disabilities who live in poverty and I quickly think about all those times I complain about insignificant problems I may have. It makes me appreciate my life even more and feel more thankful of all the privileges I have such as: education, home, family, and health. Many children in poor countries don't have the opportunities of having an education, some may not even have a family, we should be more appreciative of what we have instead of dwelling on what we don't have.

An example that comes to my mind is when was about to graduate high school, I had applied to three universities in Los Angeles and I was denied admission from all three universities. I was really sad and upset because I had to stay in Salinas and attend Hartnell College, I felt like it was the end of the world because I wasn't going to be able to experience the college life of a student of living in the dorms and being away from my parents just like my other friends. My family made me realize that it wasn't so bad after all since I was going to be saving money on tuition. After completing my general education at Hartnell, I was able to apply to CSULB, CSUF, CSUN, and CSUMB and finally transfer. In addition, I was accepted to my dream school Cal State Long Beach, after two years of working extremely hard. Unfortunately, I was forced to stay here in CSUMB for personal reasons. This time I felt even worse because I had finally reached my goal of being admitted to an extremely competitive university and I had to give up my dream of finally moving away and becoming independent due to personal reasons. I truly felt like my life sucked and I was the most unlucky person in the world. I still think about it almost every day, however this motivates me even more to continue to work hard in order to graduate in two years so that I can finally move to LA after graduation and possibly work on my masters degree at CSULB or CSUF.

In conclusion, this quote makes me think of many obstacles that I've been through, however I haven't let them control my happiness. I will always search for solutions or alternative options that may help me move on with my life in the right direction.